



METSIT 18Z 3-Mar A RATHER STRONG LOW PRESSURE SYSTEM WILL MOVE SLOWLY EAST ACROSS THE SOUTHERN OCEAN. THE STRONG DIFFERENCE IN PRESSURE BETWEEN THIS LOW AND THE HIGH NEAR NEW ZEALAND WILL KEEP WINDS AND SEAS ELEVATED.

FORECASTER NOTES THE MAIN BODY OF ANTARCTIC SUPPORT HAS ENDED AND THE CHARLESTON ROF IS IN ITS WINTER STAFFING COVERAGE. FORECASTS WIL BE VALID STARTING AT 00Z EACH DAY.

VALID TIME	4-Mar 00Z	4-Mar 06Z	4-Mar 12Z	4-Mar 18Z	5-Mar 00Z	5-Mar 06Z	5-Mar 12Z	5-Mar 18Z
SKY CONDITION	CLOUDY	CLOUDY	CLOUDY	MOSTLY CLOUDY	MOSTLY CLOUDY	MOSTLY CLOUDY	MOSTLY CLOUDY	MOSTLY CLOUDY
WEATHER	FOG	RAIN & FOG	FOG	FOG	FOG	RAIN & FOG	NONE	NONE
VISIBILITY (NM)	1 - 3	1 - 3	2 - 4	4 - 6	4 - 6	UNRESTRICTED	UNRESTRICTED	UNRESTRICTED
SFC WINDS (DIR & KTS)	NW 15-20 GUST 25	NW 20-30 GUST 40	W-NW 20-30 GUST 40	W-NW 25-35 GUST 45	W 20-30 GUST 40	W 20-25 GUST 33	W 15-20 GUST 28	SW 15-20 GUST 28
SFC MAX/MIN (°C)	7 / 4				6 / 0			
SST RANGE (°C)	6 / 3				4 / 1			
SEAS (DIR & FT)	W 7-10	NW 8-12	W 10-14	W 12-16	W 14-18	W 14-18	SW 14-18	SW 14-18
ICE ACCRETION	NIL	NIL	NIL	NIL	NIL	NIL	NIL	NIL
